## Spring Term 2024 Bathwick Menu

| WEEK   | MEAT FREE<br>Monday                                      | Tuesday  | Wednesday   | Thursday  | Friday  |
|--|--|--|---|---|---|
| WEEK 1: 1 <sup>st</sup> January, 22 <sup>nd</sup> January, 19 <sup>th</sup> February, 11 <sup>th</sup> March |  |  |   |   |   |
| Option 1:<br>Main Meal   | Cheese and<br>Basil Swirls                               | Roast chicken  | Pork sausage<br>and chorizo<br>casserole                  | Beef ragu &<br>pasta bake with<br>Cheesy crumb<br>topping       | Jumbo Cod<br>Fish Finger                            |
| Option 2:<br>Vegetarian Meal   | Cauliflower &<br>Butterbean<br>Bake                      | Roasted<br>vegetable<br>lasagne                          | Veggie<br>sausage<br>casserole                            | Veggie<br>meatballs with<br>Penne pasta in<br>Tomato sauce      | Vegetable<br>Frittata                               |
| All the above served with  | Herby diced<br>potato, Salad<br>bar                      | Roast Potatoes<br>Seasonal<br>Vegetables<br>and Gravy    | Mashed<br>potato,<br>Carrots, Peas                        | Garlic bread,<br>Salad bar                                      | Oven Baked<br>Chips, Baked<br>beans or<br>Sweetcorn |
| WEEK 2: 8 <sup>th</sup> January, 29 <sup>th</sup> January, 26 <sup>th</sup> February, 18 <sup>th</sup> March |  |  |   |   |   |
| Option 1:<br>Main Meal   | Cheese and<br>tomato pizza<br>topped with<br>Peppers     | Roast gammon   | Chicken curry   | Minced beef &<br>onion pie<br>topped with<br>Puff pastry        | Jumbo Cod<br>Fish Finger                            |
| Option 2:<br>Vegetarian Meal   | Spicy bean<br>burgers                                    | Vegetable<br>patties                                     | Butternut<br>squash &<br>Spinach curry                    | Vegetable pie<br>topped with<br>Puff pastry                     | Cheese and<br>Tomato<br>Quiche                      |
| All the above<br>served with   | Jacket wedges,<br>Salad bar                              | Roast potatoes<br>Seasonal<br>Vegetables &<br>Gravy      | Naan bread,<br>Rice, Peas and<br>Sweetcorn                | Seasonal<br>vegetables,<br>Fresh bread                          | Oven Baked<br>Chips, Baked<br>beans or<br>Sweetcorn |
| WEEK 3: 15 <sup>th</sup> January, 5 <sup>th</sup> February, 4 <sup>th</sup> March, 25 <sup>th</sup> March    |  |  |   |   |   |
| Option 1:<br>Main Meal   | Macaroni<br>cheese topped<br>with Leeks                  | Roast Turkey   | Homemade<br>sausage and<br>onion roll                     | Chicken Breast<br>with Garlic, Soy<br>and Sweet chilli<br>sauce | Jumbo Cod<br>Fish Finger                            |
| Option 2:<br>Vegetarian Meal   | Tomato and<br>vegetable<br>pasta bake                    | Plant based<br>cottage pie                               | Homemade<br>cheese and<br>onion roll                      | Quorn Fillet<br>with Garlic, Soy<br>and Sweet chilli<br>sauce   | Quorn Dippers                                       |
| All the above served with  | Garlic bread,<br>salad bar                               | Roast Potatoes<br>Seasonal<br>Vegetables<br>and Gravy    | New potatoes,<br>beans or<br>sweetcorn                    | Rice and<br>Broccoli  | Oven Baked<br>Chips, Baked<br>beans or<br>Sweetcorn |
| Served Every Week  |  |  |   |   |   |
| Option 3:<br>Alternative Meal  | Jacket Potato<br>with Baked<br>Beans, Cheese,<br>or Tuna | Jacket Potato<br>with Baked<br>Beans, Cheese,<br>or Tuna | Jacket Potato<br>with Baked<br>Beans, Cheese,<br>or Tuna  | Jacket Potato<br>with Baked<br>Beans, Cheese,<br>or Tuna        | Farm Assured<br>Ham with<br>Chips                   |
| Dessert  | Fruity Flapjack<br>Fresh Fruit<br>Organic<br>Yoghurt     | lce-cream<br>Fresh Fruit<br>Yoghurt                      | Chocolate<br>Brownie<br>Fresh Fruit<br>Organic<br>Yoghurt | Carrot cake<br>Fresh Fruit<br>Organic Yoghurt                   | Ice Cream Pots<br>Fresh Fruit<br>Organic<br>Yoghurt |

Any child with food allergies or intolerances will be offered an alternative Main Course and Dessert to meet your child's needs. All the meals are served with milk or water.