Year 2 Terms 1 & 2 Science Why do we need to keep healthy?



Curriculum Key Question: Where are we going?

Working Scientifically Skills

asking simple questions and recognising that they can be answered in different ways; observing closely, using simple equipment;

performing simple tests:

identifying and
 classifying;

using their
observations and
ideas to suggest
answers to
questions;

gathering and recording data to help in answering questions.

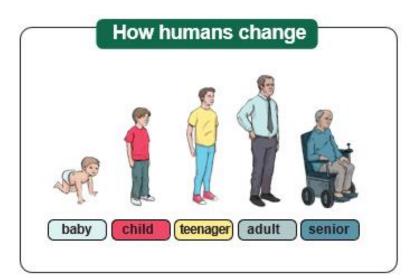
All living things have basic needs.
They all need food, water and air to survive.







The life cycle of a butterfly egg caterpillar chrysalis



How can we look after ourselves?

We can exercise regularly, eat a healthy <u>diet</u> and make sure we have good hygiene.



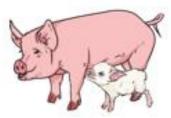




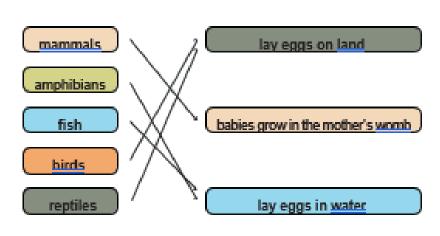
Offspring

All animals including humans reproduce and have offspring. This means they make another one of the same species.





How do different animals produce their offspring?



Key Vocabulary

basic needs - the important things that animals need to survive (air, water and food)]

baby - a very young child or animal

toddler - a young child

teenager – a person aged between 13 - 19

adult - a fully grown animal

diet - the food that an animal eats

exercise - when you complete an activity that increases

your heart rate

hygiene - being clean in order to prevent illnesses

life cycle - the stages an animal goes through throughout

their life

offspring - the babies that an animal produces

nutrition - food needed to live

survive - to stay alive