

Year 5- Terms 1 & 2

RE – What is it like to be a Hindu?



Curriculum Key Question: How do I express myself?

Topic: Earth and Space

What should I already know?

In Year 1 we looked at:

Special Times (How and why do Hindus celebrate Diwali?)

and Special Places where people worship. We learnt that:

- Hindus are people who follow the religion Hinduism.
- The story of Rama and Sita is important to Hindus and linked to the festival of light, Diwali.
- The festival of Diwali is a celebration of light conquering darkness.
- You might see Diya lamps being lit during Diwali.
- Hindus worship in a Mandir.

By the end of this unit pupils should know:

- for many Hindus, Brahman is the supreme being
- although Hindus may have images of different deities, this does not necessarily mean they believe in many different gods and goddesses
- when Hindus are focusing on a deity, they are often thinking about one aspect of Brahman
- ideas about Brahman can affect the way Hindus live their lives

Pupils will know:

- Many Hindus try to live good lives by following their dharma.
- Many Hindus believe there are four goals or purposes for everyone.
- Dharma is different for different people.
- Some Hindus also have daily activities/duties to perform.

Brahman is the supreme spirit and the other gods and goddesses are different representations of Brahman.
Brahman is the foundation of all life.



Dharma
(duties)



Kama
(enjoyment of life)

Artha
(making a good living and achieving success through honest means)

Moksha
(release from the cycle of birth and rebirth)

Main Beliefs – Dharma

Hindus believe that there are right and wrong ways to behave.

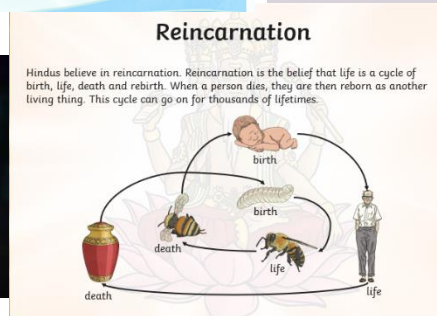
Dharma is a complex idea that includes the right behaviour, following the moral law (and not just what you feel like doing) and taking ones duties seriously.

Dharma is a central part of a Hindu's daily life.

According to this belief, it is necessary to do the right thing at all times.

Reincarnation

Hindus believe in reincarnation. Reincarnation is the belief that life is a cycle of birth, life, death and rebirth. When a person dies, they are then reborn as another living thing. This cycle can go on for thousands of lifetimes.



Key Vocabulary:

Hindu	A Hindu is a person who believes in the religion called Hinduism.
Brahman	The Hindu God and life force that is present in everything. The different Hindu Gods are all expressions of Brahman.
Deity	a powerful spirit that controls events and the nature of things. Deities are also called gods.
Lakshmi	the goddess of money, wisdom and good luck in Hinduism.
Brahma	one of the three major gods in the Hindu faith
Saraswati	the Hindu goddess of knowledge. She is associated with wisdom, music, art, and learning.
Shiva	one of the three major gods in the Hindu faith
Atman	a Hindu word that means 'soul or spirit'. Essentially, it refers to the real person inside an individual.
Ashrama	a term used to describe any of the four different life stages that a devout Hindu should pass through.
Dharma	what is expected of each individual to uphold order – it is the 'right way of living' what is expected of each individual to uphold order – it is the 'right way of living'
Karma	The belief that for every action there is a consequence. In Hinduism, Karma is the belief that the actions performed in this life will effect what happens to you in the next life.

