

# Year 3 Term 5 P.E: Dance



**Curriculum Key Question:** How can I look after myself and others?

**Topic:** What have the Ancient Greeks given us today?

## What should I already know?

- I am beginning to provide feedback using key words.
- I can copy, remember, repeat and create dance phrases.
- I can describe how my body feels during exercise.
- I can show a character and idea through the actions and dynamics I choose.
- I can use counts to stay in time with the music.
- I can work with a partner using mirroring and unison in our actions.
- I show confidence to perform.

## Key Skills: Physical

- Using canon, unison, formation, dynamics, pathways, direction
- Copying and performing actions
- Control
- Balance



## Key Vocabulary

**Counts:** A performer uses counts to stay in time with the music and / or other performers.

**Action:** The movement a dancer does e.g. travel, jump, kick.

**Level:** High, medium and low.

**Pathway:** Designs traced in space (on the floor or in the air).

**Unison:** Two or more dancers performing the same movement at the same time.

**Canon:** Performing movements one after the other.

**Formation:** where dancers are in relation to each other.

**Dynamics:** How a movement is performed e.g. robotically, softly.

## Skills I will develop:

- Being respectful of others when watching them perform
- Provide feedback using key words
- Repeat, remember and perform a dance phrase
- Use counts to keep in time with a partner and group
- Use dynamic and expressive qualities in relation to an idea
- Work with a partner and a small group
- Create short dance phrases that communicate an idea

## Key Skills: S.E.T



- Social: Sharing ideas
- Social: Respect
- Social: Inclusion of others
- Social: Leadership
- Social: Working safely
- Emotional: Confidence
- Emotional: Acceptance
- Thinking: Selecting and applying actions
- Thinking: Creating
- Thinking: Observing and providing feedback