

Year 1 Term 2 P.E: Dance



Curriculum Key Question: How can I look after myself and others?

Topic: The Big Dark

What should I already know?

- I can negotiate space safely with consideration for myself and others.
- I am confident to try new challenges and perform in front of others.
- I use movement skills with developing strength, balance and co-ordination showing increasing control and grace.
- I follow instructions involving several ideas or actions.
- I can combine movements, selecting actions in response to the task.
- I show respect towards others when providing feedback.

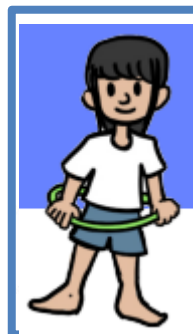
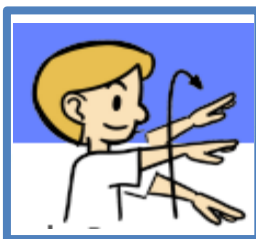
Key Skills: Physical

- Travel
- Copying and performing actions
- Using shape
- Balance
- Coordination



Key Skills: S.E.T

- Social: Co-operation
- Social: Communication
- Social: Coming to decisions with a partner
- Social: Respect
- Emotional: Confidence
- Emotional: Acceptance
- Thinking: Counting
- Thinking: Observing and providing feedback
- Thinking: Selecting and applying actions



Key Vocabulary

- **Counts:** A performer uses counts to stay in time with the music and/or other performance.
- **Action:** The movement a dancer does e.g. travel, jump, kick.
- **Level:** High, medium and low.
- **Pathway:** Designs traced in space (on the floor or in the air).

Skills I will develop:

- I am beginning to use counts.
- I can copy, remember and repeat actions.
- I can move confidently and safely.
- I can use different parts of the body in isolation and together.
- I can work with others to share ideas and select actions.
- I choose appropriate movements for different dance ideas.
- I say what I liked about someone else's performance.
- I show some sense of dynamic and expressive qualities in my dance.

Skills

Actions

Copy, remember and repeat actions to represent a theme.
Explore creating their own actions in relation to a theme.

Relationships

Begin to explore actions and pathways with a partner.

Performance

Begin to use counts within their performance.

Dynamics

Explore varying speeds to represent an idea.

Space

Explore pathways within their performances.