

AUTUMN TERM 2022 BATHWICK MENU

Week	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Week 1: Weeks beginning: 5th Sept / 26th Sept / 17th October / 14th November / 5th December					
Option 1: Main meal	Three Cheese Macaroni Topped with Leeks	Roast Chicken	Homemade Beef Pastitsio	Homemade Sticky BBQ Pork	Jumbo Cod Fishfinger
Option 2: Vegetarian Meal	Tomato and Cheese Pasta Bake	Cauliflower Cheese	Quorn Pastitsio	Sticky BBQ Quorn	Vegetable Nuggets
All of the above served with	Garlic Bread Slices, Homemade Coleslaw, Salad Bar	Roast Potatoes, Seasonal Fresh Vegetables, Gravy	Peas and Carrots, Fresh Bread	Fluffy Rice, Broccoli	Oven Baked Chips, Beans and Sweetcorn
Week 2: Weeks beginning: 12th Sept / 3rd October / 31st October / 21st November / 12th December					
Option 1: Main Meal	Homemade Margherita Pizza	Roast Turkey	Homemade Sausage Roll	Beef, Vegetable and Tomato Bake with a Herby Crumb Topping	Battered Cod Fillet
Option 2: Vegetarian Meal	Vegetable and Five Bean Enchiladas	Red Lentil and Vegetable Bolognese	Homemade Cheese and Onion Roll	Roasted Vegetable and Tomato Bake with a Herby Crumb Topping	Cheese and Red Onion Quiche
All of the above served with	Potato Wedges Salad Bar	Roast Potatoes, Seasonal Fresh Vegetables, Gravy	New Potatoes, Peas and Baked Beans	Salad Bar	Oven Baked Chips, Beans and Sweetcorn
Week 3: Weeks beginning: 19th September / 10th October / 7th November / 28th November					
Option 1: Main Meal	Cheese, Tomato and Basil Pinwheels	Roast Gammon	Homemade Chicken Curry	Sausage with Yorkshire Pudding	Jumbo Cod Fishfinger
Option 2: Vegetarian Meal	Vegetable Lasagne	Plant Based Cottage Pie	Vegetable and Red Lentil Dahl	Veggie Sausage with Yorkshire Pudding	Savoury Muffins
All of the above served with	Herby Diced Potato, Salad Bar	Roast Potatoes, Seasonal Vegetables, Gravy	Fluffy Rice, Broccoli, Fresh Bread	Mashed Potato, Peas and Sweetcorn	Oven Baked Chips, Baked Beans and Sweetcorn
Served every week					
Option 3: Alternative Meal	Jacket Potato with Baked Beans, Cheese or Tuna	Jacket Potato with Baked Beans, Cheese or Tuna	Jacket Potato with Baked Beans, Cheese or Tuna	Jacket Potato with Baked Beans, Cheese or Tuna	Farm Assured Ham with Chips
Dessert	Fruity Flapjack Fresh Fruit, Organic Yoghurt	Ice Cream, Fresh Fruit, Organic Yoghurt	Fruit Jelly, Fresh Fruit, Organic Yoghurt	Fruit Sponge with Custard, Fresh Fruit, Organic Yoghurt	Ice Cream Fresh Fruit, Organic Yoghurt

Any child with food allergies or intolerances will be offered an alternative Main Course and Dessert to meet your child's needs. All the meals are served with milk or water.