

Autumn Term Bathwick Menu

WEEK	MEAT FREE Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1: 1st and 21st September, 12th October, 9th and 30th November					
Option 1: Main Meal	Chef's Pizza with a homemade veggie sauce topped with Mozzarella	Farm Assured Roast Gammon	Indian style Homemade Chicken Curry	Free Range Pork Sausage with Yorkshire Pudding	MSC Jumbo Cod Fishfinger
Option 2: Vegetarian Meal	Roasted Vegetable and 5 bean Enchiladas	Vegetable Lasagne	Spinach and Red Lentil Dahl	Linda McCartney Veggie Sausage with Yorkshire Pudding	Cheese and Broccoli Quiche
All of the above served with	Herby Diced Potatoes Mixed Salad Sweetcorn	Roast Potatoes Seasonal Fresh Vegetables Gravy	Wholegrain Rice Mixed Salad Bar Roasted Vegetables	Creamed Potatoes Fresh Carrots and Garden Peas, Onion Gravy	Oven chips, Baked beans and Sweetcorn, Mixed Salad and Freshly baked bread
WEEK 2: 7th and 28th September, 19th October, 16th November, 7th December					
Option 1: Main Meal	Macaroni 3 Cheese Pasta	Free Range Roast Pork Steak	Farm Assured Chicken Fajitas	Farm Assured Chicken breast with Garlic, Soy and sweet chilli sauce	MSC Jumbo Cod Fishfinger
Option 2: Vegetarian Meal	Tomato and Vegetable Pasta bake	Mediterranean Vegetable Patties	Vegetable Fajitas	Quorn Fillet with Garlic, Soy and sweet chilli sauce	Butternut Squash Falafel Wrap with a Tomato Salsa
All of the above served with	Freshly Baked Bread Mixed Salad Roasted Vine Cherry Tomatoes	Roast Potatoes Seasonal Fresh Vegetables Gravy	Pitta Bread Mixed Salad	Steamed rice Mixed Salad Broccoli	Oven chips, Baked beans and Sweetcorn, Mixed Salad and Freshly baked bread
WEEK 3: 14th September, 5th October, 2nd and 23rd November, 14th December					
Option 1: Main Meal	Veggie Cheesy Pinwheels	Farm Assured Roast Chicken	'Farm Wilder' Minced Beef Bolognaise	Free Range Diced Pork and Vegetable Casserole	MSC Jumbo Cod Fish finger
Option 2: Vegetarian Meal	Autumn Vegetable Risotto	Roasted Vegetable Lasagne	Veggie Mince Bolognaise	Chunky Autumn Vegetable Casserole	Crispy Vegetable Nuggets
All of the above served with	Jacket Wedges Freshly Baked Bread Mixed Salad	Roast Potatoes Seasonal Fresh Vegetables Gravy	Penne Pasta Freshly baked bread Mixed Salad Green Beans	Creamed Potatoes Freshly baked bread	Oven chips, Baked beans and Sweetcorn, Mixed Salad and Freshly baked bread
Served every week					
Option 3:	Jacket Potato	Jacket Potato with	Jacket Potato	Jacket Potato	Farm Assured

Alternative Meal	with Baked beans, Cheese or Tuna	Baked beans, Cheese or Tuna	with Baked beans, Cheese or Tuna	with Baked beans, Cheese or Tuna	Ham with Chips
Dessert	Fruity Shortbread Fresh Fruit Organic Yoghurt	Banana chocolate Sponge Fresh Fruit Organic Yoghurt	Fresh Fruit Organic Yoghurt	Fruity Flapjack Fresh Fruit Organic Yoghurt	Ice Cream Fresh Fruit Organic Yoghurt

Any child with food allergies or intolerances will be offered an alternative Main Course and Dessert to meet their needs.