

Council for Disabled Children have pulled together a list of helpful resources to share:

- National Autistic Society – guidance and helpline for parents’, young people and staff: [https://www.autism.org.uk/services/nas-schools/vanguard/news/2020/march/coronavirus-\(covid-19\)-advice.aspx](https://www.autism.org.uk/services/nas-schools/vanguard/news/2020/march/coronavirus-(covid-19)-advice.aspx)
- Mencap - Easy Read guide to Coronavirus: <https://www.mencap.org.uk/sites/default/files/2020-03/Information%20about%20Coronavirus%20ER%20SS2.pdf>
- Place2Be – Guide to helping parents answer questions from their children and to support family wellbeing: <https://www.place2be.org.uk/about-us/news-and-blogs/2020/march/coronavirus-information-for-children/>
- Young Minds - Talking to your child about Coronavirus and 10 tips from their Parents Helpline to support family wellbeing: <https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/>
- Carers UK - Guidance for carers: <https://www.carersuk.org/help-and-advice/health/looking-after-your-health/coronavirus-covid-19>
- Covibook – an interactive resource designed to support and reassure children aged 7 and under, designed to help children explain and draw the emotions that they might be experiencing during the pandemic <https://www.mindheart.co/descargables>
- Amaze - information pack for parents <https://amazesussex.org.uk/faqs-about-the-coronavirus-for-parent-carers-of-children-with-send-brighton-hove/>
- Public Health England have produced an easy read version of their Advice on the coronavirus for places of education. <https://www.easy-read-online.co.uk/media/53192/advice-on-the-coronavirus-v1.pdf>
- Contact have their helpline and have also provided advice for families with disabled children
- <https://www.contact.org.uk/news-and-blogs/covid-19-and-families-with-disabled-children/>
- Together for short lives have published guidance for families <https://www.togetherforshortlives.org.uk/get-support/supporting-you/family-resources/coronavirus-qa/>
- Well Child
- <https://www.wellchild.org.uk/2020/03/11/covid-19-information-for-parents-and-carers/>